Suicide Facts

More than **47,500** Americans die by suicide every year

Suicide is the 4th leading cause of death for people 34-54

> For every death by suicide, there are over 25 suicide attempts

Suicide can be prevented.

Learn the warning signs and reach out and help those with suicidal thoughts and feelings.

National Suicide Prevention Lifeline 800-273-8255



Source: CDC

NEW DIRECTIONS® ndbh.com/suicide